

VIRGINIA LUNG CANCER ROUNDTABLE

Working Together for a Virginia Without Cancer

Virginia Cancer Plan & Lung Cancer

Lung cancer is the leading cause of cancer-related mortality for all Virginians. A late-stage diagnosis is common in most lung cancers and makes treatment more difficult. Only 27% of lung cancers are diagnosed at the localized stage. In 2013, low-dose spiral computed tomography (CT) was recommended to detect lung cancer.

The **Virginia Lung Cancer Roundtable (VLCRT)** was formed in 2024 with the goal of increasing lung cancer screening rates in Virginia as outlined in the Virginia Cancer Plan. VLCRT members represent many sectors including public health, healthcare systems, patients and survivors, industry, education, and non-profit organizations. VLCRT provides education, training, and resources to healthcare providers and community organizations to help improve lung cancer screening in Virginia.

Lung Cancer Screening Recommendations

The USPSTF recommends annual lung cancer screening with low-dose CT in people who meet all of these criteria:

Are ages 50 to 80 years

Have a 20 pack-year smoking history

Currently smoke cigarettes or quit within the past 15 years

A pack-year is smoking an average of one pack of cigarettes per day for one year. Example: A person could have a 20 pack-year history by smoking one pack a day for 20 years or two packs a day for 10 years.

The objectives of VLCRT are to:

1. Facilitate partnerships across Virginia to enhance shared knowledge and best practices related to lung cancer screening.
2. Decrease community disparities in lung cancer screening.
3. Provide education to physicians, other healthcare providers, and the public about current national lung cancer screening guidelines and the use of risk assessments to determine who should be screened based on current national guidelines.
4. Promote shared decision-making process for lung cancer screening.
5. Support health systems as they work to create and implement lung cancer screening programs.

Lung Cancer Facts



In 2022, only 9.8% of high-risk Virginians were screened (2027 goal is 10.3%)



1/3 of all cancer deaths in the United States are associated with tobacco use, and almost 9 out of 10 lung cancer cases link to smoking



Radon is the second most common cause of lung cancer after smoking

Resources are available for tobacco cessation and radon testing from the Virginia Department of Health (VDH) at www.vdh.virginia.gov.

Join VLCRT

Any CACV member interested in lung cancer in Virginia can be a member of VLCRT. To learn more about CACV membership, visit cancercoalitionofvirginia.org

To learn more about VLCRT and our efforts, visit our website or email us at vlcrt@cancercoalitionofvirginia.org.

About CACV

The **Cancer Action Coalition of Virginia (CACV)** is an alliance of organizations and individuals working together to develop the Virginia Cancer Plan and provide statewide guidance, support, leadership, and coordination of cancer prevention and control activities throughout the Commonwealth of Virginia. Our mission is to reduce the burden of cancer for all persons living in Virginia utilizing the Virginia Cancer Plan to provide a forum for collaboration, education, and advocacy.

The **Virginia Cancer Plan** provides a roadmap to help Virginia residents address the burden of cancer by providing data, guidance, information, and links to resources for all Virginians. The plan is a framework that presents priority objectives, goals, and strategies to reduce cancer risk, eliminate preventable cancers, and minimize cancer deaths and disabilities.

